



revised 06-20-18

# SUMMER TRAINING 2018

## June 11 – August 11

Name:				Initials (if pro)				Date: / /
Blue Rink	Monday	Tuesday	Wednesday	Thursday	Friday			Fee*
6:00 – 6:30am	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
6:30 – 7:00am	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
7:00 – 7:30am	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
7:40 – 8:10am	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FSI/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
8:10 – 8:40am	Edge I/H <input type="checkbox"/>	Edge I/H <input type="checkbox"/>	Edge I/H <input type="checkbox"/>	Edge I/H <input type="checkbox"/>	Edge I/H <input type="checkbox"/>			\$15.00
8:50 – 9:20am	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>			\$8.25
9:20 – 9:50am	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>			\$8.25
10:00 – 10:30am	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>			\$8.25
10:30 – 11:00am	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>			\$8.25
11:10 – 11:40am	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>			\$8.25
11:40 – 12:10pm	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>	FS H <input type="checkbox"/>			\$8.25
12:20 – 12:50pm	FS I <input type="checkbox"/>	Spin \$15.00 <input type="checkbox"/>	FS I <input type="checkbox"/>	Jump \$15.00 <input type="checkbox"/>	FS I <input type="checkbox"/>			\$8.25
12:50 – 1:20pm	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>	FS I <input type="checkbox"/>			\$8.25
1:30 – 2:00pm	FS H <input type="checkbox"/>	FS I <input type="checkbox"/>	FS H <input type="checkbox"/>	FS I <input type="checkbox"/>	FS H <input type="checkbox"/>			\$8.25
2:00 – 2:30pm	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
2:40 – 3:10pm	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
3:10 – 3:40pm	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
3:50 – 4:20pm	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$8.25
4:20 – 4:50pm	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>	FS I/H <input type="checkbox"/>			\$9.25

Blue Rink	Saturday	Fee		Fee
7:40 – 8:10am	MDFS L/H <input type="checkbox"/>	\$9.25		
8:10 – 8:40am	MDFS L/H <input type="checkbox"/>	\$9.25		
8:40 – 9:10am	MDFS L/H <input type="checkbox"/>	\$9.25		
12:10 – 12:40pm	LTS Practice <input type="checkbox"/>	\$9.25	In class-no coach <input type="checkbox"/>	\$7.25
12:40 – 1:10pm	LTS Practice <input type="checkbox"/>	\$9.25	In class-no coach <input type="checkbox"/>	\$7.25

No ice 7-4-18

Overdraft fee \$2.00 \* 2.00 additional per session if not pre-registered  
 Pro Fee: Inhouse: \$.50 per session Out of House: \$1.00 per session. No refunds on advance sales.  
 Private off ice training fee: Room \$5/half hour, Lobby/Grounds \$2.50/half hour

**Freestyle Levels:**

- High: Skaters competing at the Novice, Junior and Senior levels.
- Int.: Skaters competing at the Juvenile or Intermediate level.
- Low: Skaters competing at the Pre-Juvenile level and below, as well as skaters in the ISI Freestyle Levels.
- LTS Practice: Tots through FS 3 and Preliminary moves. (NO ICE DANCING.)
- Semi-private lessons only allowed on LTS practice
- **Sessions in green are full and for in-house customers only. Call Laura for other availability.**



# SUMMER TRAINING 2018

## June 11 – August 11

Name:	Initials (if pro)			Date:    /    /		
Red Rink	Monday	Tuesday	Wednesday	Thursday	Friday	Fee*
6:00 – 6:20am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$6.25
6:20 – 6:50am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
6:50 – 7:20am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
7:20 – 7:50am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
8:00 – 8:30am	Edge class * <input type="checkbox"/>	Edge class * <input type="checkbox"/>	Edge class * <input type="checkbox"/>	Edge class * <input type="checkbox"/>	MDFS L/H \$8.25 <input type="checkbox"/>	\$15.00
*8:00 – 8:30am Edge class levels pre-pre through pre-Juvenile						
8:30 – 9:00am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
9:00 – 9:30am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
9:40 – 10:10am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
10:10 – 10:40am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
10:50 – 11:20am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	10:40 – 11:10 MDFS L/H <input type="checkbox"/>	\$8.25
11:20 – 11:50am	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>		\$8.25
12:00 – 12:30pm	GOE class <input type="checkbox"/>	Spin class <input type="checkbox"/>	Power <input type="checkbox"/>	Jump <input type="checkbox"/>		\$15.00
12:30 – 1:00pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>		\$8.25
1:10 – 1:40pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
1:40 – 2:10pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
2:20 – 2:50pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
2:50 – 3:20pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
3:20 – 3:50pm	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	MDFS L/H <input type="checkbox"/>	\$8.25
4:00 – 4:30pm	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	\$9.25
	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	\$7.25
4:30 – 5:00pm	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	LTS Practice <input type="checkbox"/>	\$9.25
	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	In class-no coach <input type="checkbox"/>	\$7.25

**Sessions in green are full and for in-house customers only. Call Laura for other availability.**

Red Rink	Saturday	Fee			Fee
8:00 – 8:30am	FS I/H <input type="checkbox"/>	\$9.25	10:10 – 10:40am	FS I/H <input type="checkbox"/>	\$9.25
8:30 – 9:00am	FS I/H <input type="checkbox"/>	\$9.25	10:40 – 11:10am	FS I/H <input type="checkbox"/>	\$9.25
9:00 – 9:30am	FS I/H <input type="checkbox"/>	\$9.25	11:10 – 11:40am	FS I/H <input type="checkbox"/>	\$9.25
9:40 – 10:10am	FS I/H <input type="checkbox"/>	\$9.25			

No ice 7-4

Staff \_\_\_\_\_

Off Ice	Monday	Tuesday	Wednesday	Thursday	Friday	Fee*
10:15 – 10:45am		Dance by Ashley		Dance by Ashley		\$13.50
9:40 – 10:10am	Pilates L		Pilates L			\$5.00
10:15 – 10:45am	Pilates H		Pilates H			\$5.00
12:45 – 1:45pm	Coach Fischetti		Coach Fischetti		Coach Fischetti	\$7.50
1:40 – 2:10pm	Stretch Class			Jump Class		\$13.50
2:00 – 3:00pm	Coach Fischetti		Coach Fischetti		Coach Fischetti	\$7.50