



Freestyle Session Rules

We would like to create an environment where skaters can have fun while on their figure skating journey. Please be respectful of other instructors and skaters to maintain a positive skating experience. Instructors should refrain from excessive yelling and profane language as to not disturb other skaters taking lessons. Our more advanced skaters should act as exemplary role models for our younger skaters both on and off the ice.

- Please sign-in and pay prior to entering the ice.
- Do not get on the ice until the ice resurfacer is off the ice.
- Skaters must not enter the ice before the start time and should leave the ice in a timely manner at the end of the session.
- Semi-Private lessons (2 skaters), partnering, and shadowing only allowed when less than 18 skaters. Group lessons (3 or more) not permitted unless approved by the director.
- Skaters must wear the waist rope when their music is being played when five (5) or more skaters are on the ice. Partnering and shadowing both skaters should wear waist rope. Please give way to the skater(s) wearing the waist rope.
- Be mindful of skaters using the jump harness.
- Skaters not in a lesson should give way to skaters taking a lesson.
- Please be courteous to all skaters and instructors.
- Keep the bench area clean. Remove all belongings and place tissues in the garbage.
- Instructors using speakers should maintain a volume level that does not interfere with other skaters.

USFSA Behavior & Conduct Expectations

U.S. Figure Skating strives to provide a safe environment for its members that is free of misconduct and harassment. The association will not tolerate or condone any form of harassment or misconduct of any of its members, including athletes, coaches, officials, directors, employees, parents, volunteers or any other persons while they are participating in or preparing for a figure skating activity or event conducted under the auspices of U.S. Figure Skating. All forms of misconduct are unacceptable and in direct conflict with U.S. Figure Skating rules.

Instructors please email your current Liability Insurance Policy to skatingdirector@twinrinks.com.